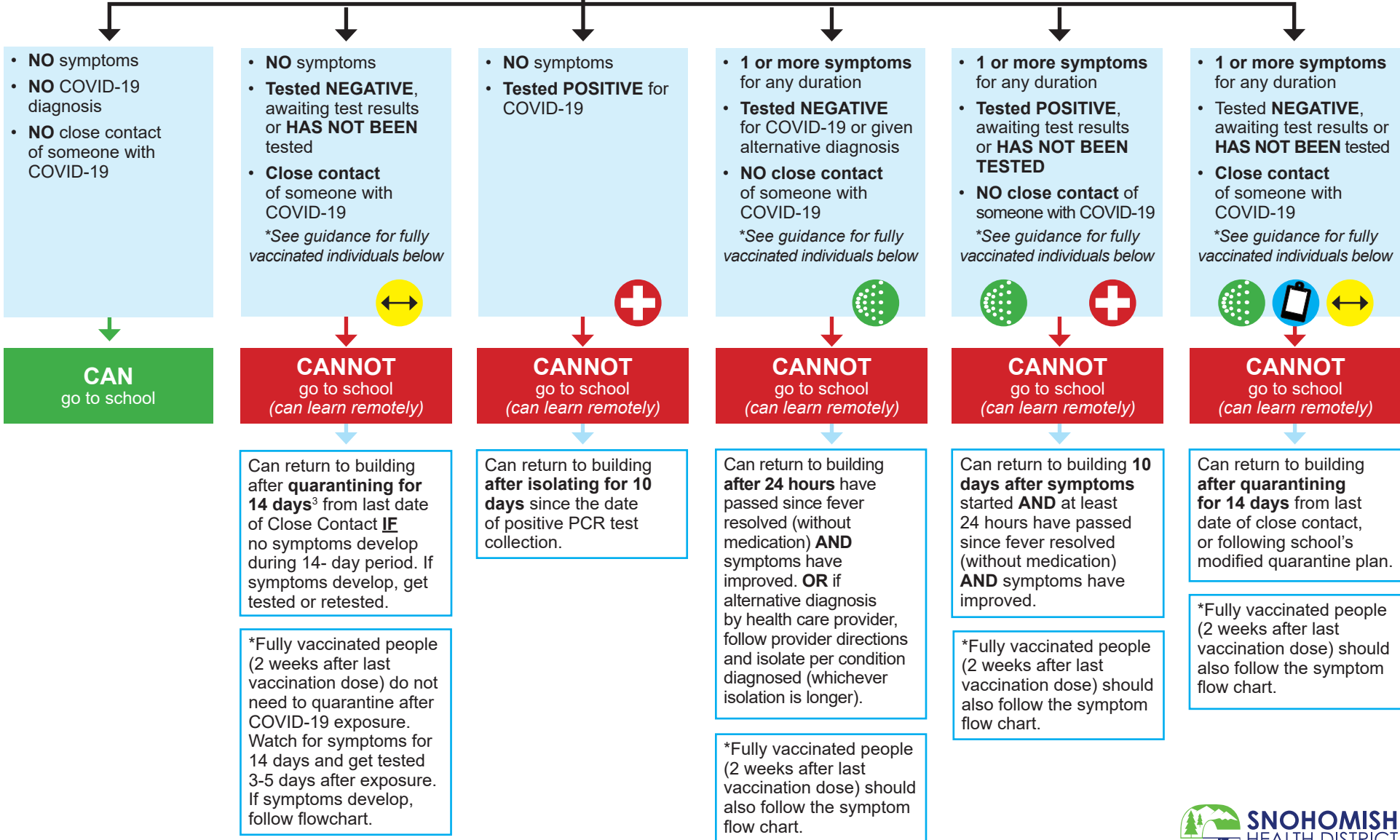


# COVID-19 Return to Work/ School Flow Chart

**KEY**

- Is a close contact<sup>3</sup>. See Page 2.
- Has symptom(s). See Page 2.
- Tested positive for COVID-19
- Probable case See Page 2.

## ASSESS STAFF OR STUDENT FOR COVID-19



# COVID-19 Return to Work/School Flow Chart Definitions

## COVID-19 SYMPTOMS<sup>2</sup>



- Fever (100.4°F / 38°C or higher)
- Cough
- Loss of taste or smell
- Chills
- Shortness of breath or difficulty breathing
- Fatigue
- Headache
- Muscle pain or body aches
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

<sup>2</sup>That are not explained by a preexisting condition, such as asthma.

## PROBABLE CASE



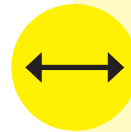
A “**probable case**” includes close contacts of a molecular- or antigen-positive person, and who have developed symptoms of COVID-19 but have either not yet tested or test results are negative or not done pending.

**Symptomatic contacts:** Probable cases should seek testing promptly, and isolate away from others in the household until test results are back. Molecular tests are preferred for probable cases. If a negative antigen test is received, the Snohomish Health District requests that a follow-up (more sensitive) molecular or PCR test is performed to confirm the diagnosis.

**If negative,** further contact tracing to identify close contacts is deprioritized not needed. The student or staff member may return to school after they have completed quarantine the 10 day isolation period and symptoms have improved.

**If positive** for COVID-19, the school should identify any close contacts in the school environment while contagious (if any). The student or staff member may return to school after they have completed their isolation period and symptoms have improved.

## CLOSE CONTACT DEFINITION<sup>3</sup>



“Close Contact” includes anyone in one or more of the following categories:

- Been within 6 feet (2 meters) of a person with COVID-19 for a combined total of 15 minutes or more within a 24-hour period
- Live in the same household as a person with COVID-19
- Cared for a person with COVID-19
- Been in direct contact with saliva or other body secretions from a person with COVID-19 (for example: been coughed on, kissed, shared utensils, etc.)

In a K-12 indoor classroom setting, the close contact definition excludes students who were at least 3 feet away from an infected student when

- Both students were wearing face coverings/masks AND
- Other prevention strategies were in place

This exception does not apply to teachers, staff, or other adults in the indoor classroom setting.

**If you’ve been exposed to someone with COVID-19 and you have no symptoms, Snohomish Health District recommends the following:**

1. Stay in quarantine for 14 days after your last contact. **This is the safest option.**
2. If this is not possible, and your school offers a modified quarantine, stay in quarantine for 10 days after your last contact, without additional testing.
3. If the first two options are not possible, stay in quarantine for 7 full days beginning after your last contact **and** if you receive a negative test result (get tested no sooner than day 5 after your last contact). *This option depends on availability of testing resources and may not be recommended in some settings.*

\* Fully vaccinated people (2 weeks after last vaccination dose) with no symptoms **do not need to quarantine** after COVID-19 exposure. Watch for symptoms for 14 days and get tested 3-5 days after exposure. If symptoms develop, follow flowchart.