

Leverett Elementary October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				1 H: Pepperoni Pizza VH: Cheese Pizza Salad Fruit
4 H: Turkey Quesadilla VH: Bean Quesadilla Salad Fruit	5 H: Mac & Cheese Salad Fruit	6 H: French Toast & Sausage VH: French Toast & Veg Nugget Salad Fruit	7 H: Grilled Ham & Cheese Salad Fruit	8 Curriculum Day
11 Holiday	12 H: Chicken Parm Sandwich VH: Veg Nugget Parm Sandwich Salad Fruit	13 H: Cheeseburger on a Bun VH: Black Bean Burger Salad Fruit	14 H: Egg Sausage McMuffin VH: Egg McMuffin Salad Fruit	15 H: Pepperoni Pizza VH: Cheese Pizza Salad Fruit
18 H: Turkey Quesadilla VH: Bean Quesadilla Salad Fruit	19 H: Chicken Nuggets VH: Veggie Nuggets Salad Fruit	20 H: Cheeseburger on a Bun VH: Black Bean Burger Salad Fruit	21 H: HotDog on a Bun VH: Veg Dog on a Bun Salad Fruit	22 H: Pepperoni Pizza VH: Cheese Pizza Salad Fruit
25 H: Turkey Quesadilla VH: Bean Quesadilla Salad Fruit	26 H: Meatball Grinder VH: Veg Nugget Grinder Salad Fruit	27 H: Cheeseburger on a Bun VH: Black Bean Burger Salad Fruit	28 H: Chicken Patty Sandwich VH: Bean burger Sandwich Salad Fruit	29 H: Pepperoni Pizza VH: Cheese Pizza Salad Fruit

Key: H=Hot Lunch VH=Vegetarian Hot Lunch CS=Sandwich SB=Salad Bowl. All lunches come with a salad or cut fresh vegetables, fruit salad or hand fruit, and choice of milk. Grains are whole unless specified. Milk is 1%. Daily lunch choices include , Chef Salad, sandwich choices include PBJ, Tuna Salad, Egg Salad & Grilled Cheese.

*Choking prevention for preschool aged children forbids serving hot dogs and other high-risk foods including nuts and nut butters. Grilled cheese sandwiches will be offered to pre-k children instead of P B and J, and instead of hot dogs on hot dog day.

This institution is an equal opportunity provider.