

# Non-Food Rewards for Students

Below are some examples of non-food rewards that can promote students health and academic success.



## Elementary School Students

- Make deliveries to the office
- Watch a fun movie
- Teach class or be a special helper
- Read morning announcements
- Sit with friends
- Play a favorite game
- Get extra recess, art or music time
- Play show and tell
- Have a pajama day
- Get free time at the end of class
- Walk with principal or teacher
- Read or have class outdoors
- Teacher performs a special skill
- Take a trip to treasure box filled with nonfood items (stickers, pencils, etc)
- Receive a certificate, trophy, ribbon, or plaque
- Earn points for privileges or non-food items



## Middle School Students

- Sit with friends
- Choose partners for activities
- Get reduced/no homework pass
- Get extra credit
- Watch a fun movie
- Play group games
- Have a pajama day
- Have extra computer time
- Earn points for privileges or non-food items
- Eat lunch or have class outside
- Field trips

## High School Students

- Get extra credit
- Watch a fun movie
- Get reduced or late homework pass
- Donate coupons for music, movies or books
- Hold drawings for donated prizes
- Have a pajama day
- Get Recognition on morning announcements
- Tickets to school events (dances, sports)



## The CPS Wellness Policy states:

- ➔ Rewarding students with food or beverages, or withholding food/meals as punishment is **not** allowed
- ➔ Soda and candy are not allowed at school.

CPS Wellness Policy Information is at:

[http://www.cpsd.us/departments/careers/c\\_p\\_s\\_policies\\_and\\_procedures/](http://www.cpsd.us/departments/careers/c_p_s_policies_and_procedures/)