



Monday	Tuesday	Wednesday	Thursday	Friday
Frosted Flakes Mini Vanilla Wafers Pineapple Tidbits Apple Juice 1% White or FF Chocolate Milk	Breakfast Nutrition Bar Orange Juice Mixed Fruit Cup 1% White or FF Chocolate Milk	Dannon Nonfat Creamy Yogurt Cinnamon Granola Fresh Apple 1% White or FF Chocolate Milk	WG Blueberry Muffin Animal Grahams Apple Juice Fresh Orange 1% White or FF Chocolate Milk	WG Apple Roll Fresh Banana Orange Juice 1% White or FF Chocolate Milk
2 Trix Cereal Animal Grahams Diced Pears Orange Juice 1% White or FF Chocolate Milk	3 Cocoa Krispies Cereal Bar Mini Vanilla Wafers Apple Juice Mandarin Orange Cup 1% White or FF Chocolate Milk	4 WG Bagel Fresh Apple 1% White or FF Chocolate Milk	5 Smore Nutrition Bar Giant Cinnamon Goldfish Apple Juice Fresh Orange 1% White or FF Chocolate Milk	6 WG Goody Bun Fresh Banana Orange Juice 1% White or FF Chocolate Milk
9 Golden Grahams Animal Grahams Diced Peaches Apple Juice 1% White or FF Chocolate Milk	10 Breakfast Nutrition Bar Orange Juice Pineapple Tidbits Cup 1% White or FF Chocolate Milk	11 WG Bagel Fresh Apple 1% White or FF Chocolate Milk	12 WG Banana Muffin Mini Vanilla Wafers Apple Juice Fresh Orange 1% White or FF Chocolate Milk	13 WG Breakfast Ring Fresh Banana Orange Juice 1% White or FF Chocolate Milk
16 Cocoa Puff Cereal Bar Animal Grahams Fruit mix Apple Juice 1% White or FF Chocolate Milk	17 St.Patrick's Day Butterscotch Oatmeal Bar Giant Cinnamon Goldfish Diced Pear Cup Orange Juice 1% White or FF Chocolate Milk	18 Dannon Nonfat Creamy Yogurt Cinnamon Granola Fresh Apple 1% White or FF Chocolate Milk	19 Double Chocolate Chip Muffin Mini Vanilla Wafers Apple Juice Fresh Orange 1% White or FF Chocolate Milk	20 WG Cinnabar Fresh Banana Orange Juice 1% White or FF Chocolate Milk
23 Cinnamon Toast Crunch Cereal Animal Grahams Mandarin Orange Apple Juice 1% White or FF Chocolate Milk	24 Mixed Berry Rice Krispies Cereal Bar Mini Vanilla Wafers Apple Juice Diced Peach Cup 1% White or FF Chocolate Milk	25	26	27
30	31			



Thought for Thought

Know how to ask. There is nothing more difficult for some people. Nor for others, easier. - Baltasar Gracian

Tips & Information

Established in 1989, the National School Breakfast week was created to remind and encourage all students to eat a nutritious breakfast. Research has shown eating breakfast in the morning provides the fuel children need to perform all day. Look to fresh fruits, vegetables, nuts, yogurt or toast for a quick and delicious meal.

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"or." = An alternative selection to choose. "WG"=Whole Grain
 1% White & Fat Free Chocolate Milk available daily.



****Menu Subject to Change****