

# The Great Body Shop Health Curriculum Bookshelf

## Pre-K Collection

We're happy to be able to present the following collection of books, chosen because they enhance THE GREAT BODY SHOP curriculum for students in grade(s) Pre-K.

## **Growth and Development**

THE BARE NAKED BOOK, Kathy Stinton. Annick Press. A look at all sorts of bodies and their parts doing all sorts of things  
5.95(paper)

BIG OR LITTLE, Kathy Stinton. Annick Press. This book recognizes that even though children are getting bigger all the time, there are scary or frustrating moments when they feel or realize how little they still are.  
14.95(hardcover)

THE BODY BOOK, Steve Rotner and Steve Calcagnino. Orchard. Photographs of boys and girls of different ages, sizes, and races celebrating the human body.  
15.95(hardcover)

BUSY TOES, C.W. Bowie. Whispering Coyote. A poetic look at the secrets and delights of our toes and the many tasks they perform.  
15.95(paper)

HATS OFF TO HAIR, Virginia Kroll. Charlesbridge. This look at all the different appearances of hair only proves what a cool part of us hair can be  
6.95(paper)

HEY! WHAT'S THAT SOUND?, Verinika Martenova Charles. Stoddart. If there's a splash, a ding, a ring or a splash you can be certain that Aunt Minnie had something to do with it, a hilarious exploration of sound  
5.95(paper) 12.95(hardcover)

## **Nutrition**

EATING, Gwenyth Swain. Lerner. People eat all kinds of things everywhere. A photographic look at eating and food around the world. An index in back describes and identifies pictures.  
6.95(paper)

EATING THE ALPHABET: FRUITS AND VEGETABLES FROM A TO Z, Lois Ehert. Harcourt. Brace, Jovanavich. Brilliant watercolor illustrations teach the alphabet and identify the names of 74 fruits and vegetables.  
14.95(hardcover)

GROWING COLORS, Bruce McMillian. Mulberry Books. Using photographs that are good enough to eat, this book studies colors in nature, allowing students to explore

fruits and vegetables in some of their most common and most unusual colors. We have all seen an orange orange. But, have you ever seen a brown  
4.95(paper) 16.00(hardcover)

MAKING MINESTRONE, Stella Blackstone. Barefoot Books. Simple verse combined with colorful illustration lead a group of multiethnic children from the garden, to the kitchen, to the picnic table in successful pursuit of their own minestrone. Recipe is included.  
15.99(hardcover)

THE TORTILLA FACTORY, Gary Paulson. Harcourt, Brace and Co. The cycle of life from seed to plant to the tortilla that feeds the workers who plant the seeds. "in the spring the black earth is worked by brown hands/ that plant the yellow seeds,/ which become green plants rustling in the soft wind."  
7.00(paper) 15.00(hardcover)

## Safety

BIG SQUEAK, LITTLE SQUEAK, Robert Kraus. . Big Squeak and Little Squeak set out on an adventure. Looking for a tasty treat, they wander into Mr. Kit Kat's cheese store where everything is free. When Little Squeak is captured, Big squeak must rescue him.  
14.95(hardcover)

DON'T DO THAT KITTY KILROY!, Cressida Cowell. Orchard. Kitty Kilroy resents all the rules her mother makes to provide both order and safety. She prefers that Kitty not paint on the wall, eat too much candy, or reduce the living room to rubble. When Mom finally lets her do anything she wants, Kitty learns the  
5.95(paper)

IT'S MY BODY: A BOOK TO TEACH YOUNG CHILDREN TO RESIST UNCOMFORTABLE TOUCH, Lori Freeman. Parenting Press. Written by an expert childhood and sexual abuse prevention educator, this book is designed to help very young children assert control over their bodies and to help prepare them with appropriate responses to uncomfortable situations.  
5.95(paper) (hardcover)

## Illness Prevention

THE HOSPITAL (Talk-About-Books #15), Debbie Bailey. . Children from various familial, cultural, and ethnic backgrounds experience hospital activities like x-rays, inoculations, and overnight stays. Available in English and Spanish. board book  
5.95(paper)

HOW TO HELP CHILDREN THROUGH A PARENT'S SERIOUS ILLNESS, Kathleen McCue and Ron Brown. St Martin's Press. A comprehensive guide offering practical advice for helping kids 3-19 years of age cope with their feelings, regardless of the outcome of a parent's illness. Includes: how to tell a child about illness, how to recognize the early warning signs that a child  
12.95(paper)

IMRAN'S CLINIC, Katie Teague. Longmeadow Press. Imran's baby brother, Jay, needs a check-up and vaccination. After the visit to the real doctor, Imran and his multi-ethnic group of friends create their own doctor's office.

7.95(paper)

SO SICK, Harriet Ziefert. Random House. This book explores getting sick, being sick, and what doctors do to help us get well.

3.99(paper) 9.85(hardcover)

WHO IS SICK TODAY?, Lynne Cherry. Harcourt Brace. This gentle rhyming book explores illness. Beavers with fevers, gnus with flus, and snakes with aches all find comfort in the families and health helpers who help make them well.

6.95(paper)

## **Emotional Health**

BRAVE BEAR, Kathy Mallet. Walker. A story of bravery and friendship told in just 38 words as a little bear bravely helps a little bird up into a tree and into his nest.

14.95(hardcover)

EMMA'S EGGS, Margriet Ruurs. Stoddart. Emma is one ambitious young chicken with a talent for making eggs. She's so good at it that she tries to make eggs that will make other people happy and refuses to rest until she does. Eventually she learns that her eggs are special because she made them.

13.95(hardcover)

I LIKE BEING ME: POEMS FOR CHILDREN ABOUT FEELING SPECIAL, APPRECIATING OTHERS, AND GETTING ALONG, Judy Lalli, M.S.. Free Spirit Publishing. Black and White photographs illustrate poems about feelings and how the child speaker copes with those feelings.

8.95(paper)

I LIKE ME!, Nancy Carlson. Puffin Books. Little pig isn't perfect. She's not the best skater, sometimes she makes mistakes. But, she always tries, and she likes herself. She is proud to be who she is and feels that she is always her own best friend.

4.99(paper)

NORMA NO FRIENDS, Paula Metcalf. Barefoot Books. In this quirky tale, Norma struggles to overcome her shyness and make new friends

15.95(hardcover)

PLAY AND DISCOVER: FEELINGS, Evan and Lael Kimble. Sterling Publishing. Learn about how we feel by solving the simple puzzles in this book using the bip pen. It beeps and blinks green when you're right, red to try again.

3.95(paper)

SMILING, Gwenyth Swain. Lerner. Multicultural photos illustrate this look at smiling and the things that make us happy.

6.95(paper)

VERA'S FIRST DAY OF SCHOOL, Vera Rosenburg. Holt. Starting school is both exciting and scary. Vera overcomes her feelings of panic and learns how much fun school can be. September.  
15.95(hardcover)

WEMBERLY WORRIES, Kevin Henkes. Greenwillow. Wemberly is the original worrywart. She worries about everything, but nothing compares to her newest worry: starting school. But then she discovers a friend and is a little less afraid about growing up.  
15.95(hardcover)

## Family Life

BABY LEMUR, Susan Hellard. Holt. "You're not a baby anymore," said Liam's mother one day. "It's time to try things for yourself." Liam is terrified at first, but when he sees the other Lemurs having fun, he joins in with the reassurance that his mother will always be there. Available S  
14.95(hardcover)

CARRYING, Gwenyth Swain. Lerner. Working together is an important part of being a member of a family or community no matter where you live. An index in back describes and identifies pictures.  
6.95(paper)

HOW LONG, Elizabeth Dale. Orchard. For the very young, including the young mice in this book, time can be a tricky concept. Mother mouse finds concrete ways to teach her children the concept of time.  
14.95(hardcover)

MOUSE TV, Matt Novak. Orchard. The mouse family can't decide what to watch on TV. Everyone wants to watch something different. Then one night the TV breaks down, and the mice find ways to get plenty of entertainment with out it.  
6.95(paper) 17.99(hardcover)

ONE OF THREE, Angela Johnson. Orchard. The youngest child in an African American family celebrates the joys of being a sister as recounts the good times she had with her older sisters.  
5.95(paper) 15.95(hardcover)

TALK BABY, Harriet Ziefert. Holt. Max is thrilled to have a new baby sister, but all she seems to do is eat, sleep, and cry. Though makes is desperate to talk and play with her, he never stops talking to the baby and when she finally does speak, her first word is a surprise to everyone  
13.95(hardcover)

YOU HOLD ME AND I'LL HOLD YOU, Annie Cannon. Orchard. A young girl narrates this story about the death of her great-aunt. When everyone tells her how sorry they are she wonders how sorry she has to be until her father takes her in his arms and whispers, "You hold me and I'll hold you."  
6.95(paper) 16.99(hardcover)

## **Community Health/Environment**

CELEBRATING, Gwenyth Swain. Lerner. Around the world different people celebrate different things, but the one thing that ties these celebrations together is sharing them with family, with friends, or with the larger community. An index in back describes and identifies pictures.

6.95(paper)

DIFFERENT JUST LIKE ME, Lori Mitchell. Talewinds. Every day a girl and her mother run errands and meet different people in her community—one is older, one is disabled, one speaks a foreign language, one is of a different race—but everyone is running errands too

15.95(hardcover)

DOOR TO DOOR, Maureen Roffey and Bernard Lodge.. Whispering Coyote Press. As the seasons change and holidays and traditions are celebrated a neighborhood opens its doors to its new neighbors in this imaginative split-page book

6.95(paper) 14.95(hardcover)

GOOD NIGHT, GOD BLESS, Susan Heyboer O'Keefe. Holt. "Good night, god bless/ Our town at rest/ Which counts each person/ As a guest." At the close of day children and animals all over the town go to sleep in a book which celebrates the role of the child in the family and community. Available September

15.95(hardcover)

THIS IS OUR EARTH, Laura Lee Benson. Charlesbridge. A picture book of verse set to music celebrates nature and sparks interest in protecting the wonders around us. Full musical score is included

6.95(paper) 15.95(hardcover)

### **Collection K/1**

We're happy to be able to present the following collection of books, chosen because they enhance THE GREAT BODY SHOP curriculum for students in grade(s) K/1.

## **Growth And Development**

THE COLORS OF US, Karen Katz. Holt. Like us, skin colors are delightfully varied. This book, written from the perspective of seven-year-old artist Lena, celebrates these differences. Available September

15.95(hardcover)

FUN WITH MY FIVE SENSES: ACTIVITIES TO BUILD LEARNING READINESS, Sarah Williamson. William Publishers. This book offers exercises, games, crafts, and sensory experiences which allow kids to explore their world without any special tools.

12.95(paper)

LOOKING INTO MY BODY, Reader's Digest. Joshua Morris Publishers. Scientifically correct illustrations on specially designed "see-through" windows help illustrate the workings of the human body.

11.99(hardcover)

MOSES GOES TO SCHOOL, Isaac Millman. Farrar Straus Giroux. Moses goes to a public school for the deaf. He and his friends communicate in American Sign Language. MOSES GOES TO SCHOOL follows Moses and his friends through a typical school day and introduces signs for some of the key words and ideas, includes "Take  
16.00(hardcover)

TO BE A KID, Maya Ajamaera. Charlesbridge Press. Illustrated with photographs taken by Peace Corp volunteers and award-winning photographers, this book explores the childhood experience throughout the world.  
15.95(hardcover)

Zzzng! Zzzng! Zzzng! A YORUBA TALE, Phillis Gershator. Orchard Books. In this classical African tale set when root married trunk and trunk married branch, Mosquito asked ear to marry her. Ear says that Mosquito is too weak and insignificant. He's going to marry head. Mosquito asks arm and leg in turn but each is going t  
15.95(hardcover)

## **Nutrition**

OLIVER'S FRUIT SALAD, Vivian French. Orchard. When Mom offers him canned pears, Oliver wont eat them because Grandpa grows pears and apples, cherries, strawberries, and plums. So Mom takes him to the store where he claims that he doesn't like them, he just likes helping Grandpa. With Mom's help Oliv  
14.95(hardcover)

OLIVER'S VEGETABLES, Vivian French. Orchard. Oliver likes french fries. When he goes to visit his grandparents, he discovers that they will only let him have fries if he finds them in the garden and he must eat everything he pulls up looking for them.  
6.95(paper) 13.95(hardcover)

THE TORTILLA FACTORY, Gary Paulson. Harcourt, Brace and Co. The cycle of life from seed to plant to the tortilla that feeds the workers who plant the seeds. "in the spring the black earth is worked by brown hands/ that plant the yellow seeds,/ which become green plants rustling in the soft wind."  
7.00(paper) 15.00(hardcover)

## **Safety**

BEING BULLIED, Kate Petty and Charlotte Formin. Barron's. Rita learns how to defend herself from Bella, the class bully, in a story that also shares the bully's perspective.  
4.95(paper)

OFFICER BUCKLE AND GLORIA, Peggy Ruthmann. G.P. Putnam's Sons. Every year Officer Buckle gives a speech on safety to the kids at Napville School. No one pays much attention until Gloria the dog comes along to theatrically illustrate the pitfalls of unsafe behaviors. So, officer and dog learn to work as a team in t  
15.95(paper)

## **Illness Prevention**

COME SIT BY ME, Margaret Merrifield, M.D.. Stoddart Kids. Set in a multicultural daycare, this story is about Karen and her friends. One, Nicholas, is often sick and eventually the other children learn that Nicholas has AIDS. When Karen's parents learn that Nicholas is being left out by the other children, t  
5.50(paper)

DR. DOG, Babette Cole. Knopf. The Gumboyles have terrible hygiene practices. Frankly, they are disgusting. Their overall health practices aren't much better. It is up to Dr. Dog to set them straight and give them the hard, if somewhat graphic, truth about the importance of protectin  
16.00(hardcover)

HENRY AND MUDGE GET COLD SHIVERS, Cynthia Rylant. Simon & Schuster. When Henry is sick, his loyal dog Mudge keeps him company. When Mudge catches a cold, Henry takes her to the vet for a checkup and takes his turn playing nurse.  
3.99(paper)

HOW TO HELP CHILDREN THROUGH A PARENT'S SERIOUS ILLNESS, Kathleen McCue and Ron Brown. St Martin's Press. A comprehensive guide offering practical advice for helping kids 3-19 years of age cope with their feelings, regardless of the outcom of a parent's illness. Includes: how to tell a child about illness, how to recognize the early warning signs that a chi  
12.95(paper)

MORNING LIGHT, Margaret Merrifield, M.D.. Stoddart Kids. An educational storybook about AIDS and saying goodbye for children and caregivers. Max and Maggie's mom is sick with AIDS and as she becomes sicker, their lives begin to change. Although Max and Maggie have the support of the doctor and their family i  
5.50(paper)

MY DAD HAS HIV, Earl Alexander, Sheila Rudin, and Pam Sykora. Fairview Press. When seven-year-old Lindsey discovers her dad has HIV, she not only learns all she can about the disease, but she develops pride in the way her dad works to stay healthy.  
14.95(hardcover)

THOSE MEAN NASTY DIRTY DOWNRIGHT DISGUSTING BUT INVISIBLE GERMS, Judith Rice. Redleaf Press. Beth doesn't know it yet, but when she is at school her hands become covered with horrible germs (which are illustrated in the text): sore throat germs, the ear ache germ, the head ache germ and the fever germ. Beth is able to defeat them by using prope  
12.95(paper)

## **Family Life**

ALL THE PLACES TO LOVE, Patricia Mac Laughlan. HarperCollins. This story, by the author of SARAH PLAIN AND TALL, illustrates the special relationships Eli has with his parents, grandparents and the land on which he is born and which they share with him. It is these special relationships he shares with his sister  
15.95(hardcover)

BUD, Kevin O'Malley. Walker & Co. Bud, a young rhinoceros, is different from everyone else in his family. As he quietly pursues his own interests, he brings his family even closer together.

15.95(hardcover)

DANCING WITH DADDY, Willy Welch. Whispering Coyote. This story celebrates the unique bond between a father and his daughter as they discover the wonder of the world through a simple joyous dance.

15.95(hardcover)

DEAR FRED, Susanna Rodell. Ticknor and Fields. An incredible, honest story about childhood and the love between siblings separated by an ocean and their parents' divorce. "Dear Fred," little Grace the Mouse writes her older half brother, "I am still missing you."

14.95(hardcover)

MY TWO GRANDMOTHERS, Effin Older. Harcourt. Lily loves spending Christmas with Grammy Lane and Hanukkah with her Bubbe Silver in this study of family tradition. But, Lily wishes she could share a tradition with both her grandmothers. Perhaps it's time to start a new one.

16.00(hardcover)

TELL ME AGAIN ABOUT THE NIGHT I WAS BORN, Jamie Lee Curtis. (HarperTrophy). Joanna Cotler Books. Incredible illustrations help tell this story of a little girl who begs to hear about her birth, adoption, and the beginning of her family, but she knows the story so well she tells it herself.

14.95(hardcover)

WHEN I AM OLD WITH YOU, Angela Johnson. Orchard Books. "When we are old together, Granddaddy, we'll play cards all day and cook bacon for breakfast." Warm, loving story about the relationship between a little boy and his grandfather.

5.95(paper) 15.95(hardcover)

WHERE ARE YOU?, Francesca Simon. Peachtree Publishers. While Grandfather Dog selects healthful foods at the supermarket, little Harry gets carried away searching for cupcakes. Lost and terrified, Harry uses his five senses to explore the market and find his grandfather who is just as scared to have lost Ha

12.95(hardcover)

YOU HOLD ME AND I'LL HOLD YOU, Annie Cannon. Orchard. A young girl narrates this story about the death of her great-aunt. When everyone tells her how sorry they are she wonders how sorry she has to be until her father takes her in his arms and whispers, "You hold me and I'll hold you."

6.95(paper) 16.99(hardcover)

## **Community Health/Environment**

AGATHA'S FEATHER BED: NOT JUST ANOTHER WILD GOOSE STORY, Carmen Agra Deedy. Peachtree Publishers. Agatha learns that everything we use has a cost when, one night as she enjoys her new feather bed, six shivering geese pay her a visit to discuss its origins.



6.99(paper) 14.95(hardcover)

HERMAN AND MARGEURITE AN EARTH STORY, Jay O'Callahan. Peachtree Publishers. Activities including recycling and collage projects supplement this story of Herman, the shy earthworm, and Marguerite, a caterpillar waiting to become a butterfly, contribute to each other's lives and to their environment.

15.95(hardcover)

IT TAKES A VILLAGE, Jane Cowen-Fletcher. Scholastic. Set in Africa, this book illustrates the importance of the community in the life of the individual and the African proverb, "It takes a takes a village to raise a child."

16.95(hardcover)

JUST A DREAM, Cris Van Allsburg, . Houghton Mifflin. Walter is careless about litter and certainly can't be bothered to sort recycleables, until he has a dream about the future. Beautifully illustrated.

17.95(paper)

THE SPIRIT OF THE MAASAI MAN, Laura Berkeley. Barefoot Books. This book, with a preface by Virginia McKenna of the Born Free Foundation, gives voice to the voiceless as it illustrates the contrast between freedom and captivity.

16.95(hardcover)

THE STRONGEST MAN THIS SIDE OF CREMONA, Georgia Graham. Stoddart. Matthew's dad is the strongest man this side of Cremona, but one day Matthew learns that there is something even stronger than his dad, a tornado. Thanks to his dad's quick thinking, Matthew and his family survive, but it takes the help of his communit

15.95(hardcover)

## **Substance Abuse Prevention**

BANANA BEER, Carol Carrick. Albert Whitman and Co. Charlie, the orangutan, and his family are negatively affected by his dad's drinking. Dad doesn't know when enough is enough even when those around him do. But, Charlie learns to cope by understanding Dad's drinking problem and accepting that it is not

14.95(hardcover)

BOTTLES BREAK, Nancy Maria Grande Tabor. Charlesbridge. This direct story told in the voice of a child validates the feelings of guilt, anger, and depression often felt by children who have one or more parents who drink.

6.95(paper) 15.95(hardcover)

## **Personal Safety/Emotional Health**

ALL PIGS ARE BEAUTIFUL, Dick King-Smith. Candlewick Press.. This innovative book combines a pig story with beautiful illustrations and fascinating facts to show children that there are similarities between pigs and people, both have feelings and the need for shelter, warmth and love, and that each pig, like each

5.99(paper) 14.95(hardcover)

BRAVO, MILDRED AND ED!, Karen Wagner. Walker & Co. Mildred and Ed Mouse have been friends forever, but when Mildred's violin recital and Ed's button collection opening are scheduled for the same night, they learn how to be supportive of each other even when they must be apart.

16.95(hardcover)

DON'T HURT ME MAMA, Muriel Stanek. Albert Whitman and Co. A kind, sensitive school nurse helps a young victim of child abuse and her abusive mother get help.

12.95(hardcover)

FEELINGS, Aiki. Mulberry Books. Colorful illustrations and short dialogues explore a wide range of emotion.

4.95(paper) 16.00(hardcover)

FIRST DAY JITTERS, Julie Danneburg. Whispering Coyote. Sarah's feelings are all jumbled as she gets ready for her first day at a new school, but what a surprise is in store for her.

6.95(paper) 16.95(hardcover)

HOGULA: DREAD PIG OF THE NIGHT, Jean Gralley. Holt. Hogula the dread vampire pig is on the loose, snorting the necks of people up past their bedtime and putting them to sleep. But Hogula is lonely until he meets Elvis Ann in whom he meets his match and finds a friend.

15.95(hardcover)

IT'S MY BODY: A BOOK TO TEACH YOUNG CHILDREN TO RESIST UNCOMFORTABLE TOUCH, Lori Freeman. Parenting Press. Written by an expert childhood and sexual abuse prevention educator, this book is designed to help very young children assert control over their bodies and to help prepare them with appropriate responses to uncomfortable situations.

5.95(paper) (hardcover)

KITOTO THE MIGHTY, Tololwa M. Mollel. Stoddart. Little Kitoto the mouse sets out on a journey to win the friendship of the most powerful ally he can find to protect him from the hawk. Along the way he learns that even the most powerful have weaknesses and that friends can be found in surprising places.

14.95(hardcover)

LET'S TALK ABOUT: FEELING AFRAID, Joy Berry. Scholastic Books. Squeaky the Guinea Pig talks about how his boy, Kim, copes with the common and not so common fears of everyday life, what it feels like to be afraid, and when it is good or bad to be afraid.

3.95(paper)

MAKING FACES, Nick Butterworth. Candlewick Press. Eleven short stories that encourage children to make faces which express different emotions. Comes with its own mirror.

7.99(paper) 12.95(hardcover)

MAPLE MOON, Connie Brummel Crook. Stoddart. Based on folktales, this fictional account of the discovery of maple syrup tells the story of a young native American who overcomes a physical disability to help his tribe survive a difficult winter.

15.95(hardcover)

PROUD OF OUR FEELINGS, Lindsay Leghorn. Magination Press. Priscilla introduces the reader to her friends each of whom is experiencing a different emotion because of something happening in his or her life. Priscilla also asks the reader to examine how he or she would feel and react in each situation.

11.95(hardcover)

SOMETIMES I FEEL LIKE A MOUSE: A BOOK ABOUT FEELINGS, Jeanne Modesitt. Scholastic Books. Illustrated with beautiful paintings, the child in this book expresses different feelings, such as happiness, sadness, shyness, and calm, which are connected to the animal most often identified with each feeling.

4.99(paper)

YOU'LL GROW SOON, ALEX, Andrea Shavik. Walker & Co. Alex learns that it's the size of his heart and not the length of his legs that is really important in this story about wanting to be bigger NOW!

15.00(hardcover)

### **Collection 2/3**

We're happy to be able to present the following collection of books, chosen because they enhance THE GREAT BODY SHOP curriculum for students in grade(s) 2/3.

## **Growth And Development**

THE BONES AND SKELETON GAMEBOOK: A CHALLENGING COLLECTION OF PUZZLES AND PROJECTS, Karen Anderson and Steven Cumbaa. Workman Publishing Co. A collection of activities, quizzes, games, puzzles and experiments. Sixty-five fun projects for kids to experiment from head to toe.

7.95(paper)

DAD AND ME IN THE MORNING, Patricia Larkin. Albert Whitman and Co. Jacob is deaf. Jacob and his dad take a special early morning walk together and communicate with more than just words.

14.95(hardcover)

DEM BONES, Bob Barner. Chronicle Books. Kids can sing along with the colorful skeleton band while learning about the different bones in our skeletons. This beautifully illustrated book combines the words of the traditional African-American spiritual with the great bone facts.

13.95(hardcover)

KATE AND THE BEANSTALK, Mary Pope Osborne. Atheneum. A retelling of the classic Jack in the Beanstalk. Readers climb the beanstalk with Kate to enter a magic realm where a harp sings, a goose lays a golden egg, and the small, good, and female ultimately triumph. Available October.

16.00(hardcover)

MAKING ROOM FOR UNCLE JOE, Ada Litchfield. Albert Whitman and Co.. When the home he is living in closes, Uncle Joe moves in with his sister and her family. "What

will it be like to live with a retarded adult?" the kids wonder. Slowly the kids learn to love-- not just tolerate-- Uncle Joe.

12.95(hardcover)

## **Nutrition**

CORN IS MAIZE: THE GIFT OF THE INDIANS, Alike. HarperTrophy. CORN IS MAIZE explores the history of corn different types of corn, and all of the different forms in which corn is eaten or used.

4.95(paper)

EATING FRACTIONS, Bruce McMillian. Scholastic Books. A simple concept book of fractions which uses food and friendship to illustrate halves, thirds and quarters. All recipes are included.

15.95(hardcover)

THE EDIBLE PYRAMID: GOOD EATING EVERY DAY, Loreen Leedy. Holiday House. At the Edible Restaurant, customers learn how many servings of each food group they should eat each day, as well as how to define a serving. The animal customers are wonderful, especially the little hamster hidden in each picture. He wants to sample the

6.95(paper) 15.95(hardcover)

EVERYBODY COOKS RICE, Norah Dooley. . As Carrie roams from house to house in search of her little brother, she discovers what he already knows, that everyone in their multiethnic neighborhood cooks rice in some form. The Italian family, the Chinese family and the Indian family all have special

6.95(paper)

HOW MY PARENTS LEARNED TO EAT, Ina R. Friedman. Houghton Mifflin. An American sailor courts a Japanese girl, and each tries in secret to learn the other's way of eating. Their daughter eats both ways, for her it's natural.

5.95(paper) 15.00(hardcover)

THE KIDS' MULTICULTURAL COOKBOOK: FOOD AND FUN AROUND THE WORLD, Deanna F. Cook. Williamson Publishing. Photographs, drawings, fun facts and jokes make this cookbook of 75 easy-to-prepare recipes a fantastic resource.

12.95(paper)

POTLUCK, Anne Shelby. Orchard Paperbacks. Alpha and Betty call their friends together for an alphabetical feast. This is definitely a multiethnic, exotic, rhyming feast. Alpha and Betty expect thirty-one. It's fascinating to hunt for the extra five.

6.95(paper)

SOMETHING GOOD, Robert Munsch. Annick Press. A book for parents and kids who go shopping together. Dad picks healthy foods and the kids, well, they pick some less healthful foods. In the end, after much stress and a near crisis, the family brings home healthful foods plus one sugary treat. What ma

5.95(paper)

## **Safety**

BULLIES ARE A PAIN IN THE BRAIN, Trevor Romain. Free Spirit. You are not alone. An examination of myths associated with bullies and information on how to protect oneself and others and tell if YOU are a bully.  
9.95(paper)

MY BODY IS PRIVATE, Linda Walvoord Girard. Albert Whitman and Co. A mother-child conversation introduces the topic of sexual abuse and ways to keep the body private. Stresses telling a trusted grownup and defines "private."  
4.95(paper) 12.95(hardcover)

STICK UP FOR YOURSELF! EVERY KID'S GUIDE TO PERSONAL POWER AND POSITIVE SELF-ESTEEM REVISED AND UPDATED, Gretchen Kaufman, PhD.. Free Spirit. Simple words and real-life examples help kids build genuine self-esteem, assertiveness skills, responsibility, and relationships.  
11.95(paper)

WHO IS A STRANGER AND WHAT SHOULD I DO?, Linda Walvoord Girard. Albert Whitman and Co. This book explains how to deal with strangers in public places, on the telephone, in the car or at the door. Situations when the best thing to do is run and/or talk to an adult are emphasized.  
4.95(paper) 12.95(hardcover)

## **Illness Prevention/AIDS**

ALEX, THE KID WITH AIDS, Linda Girard. Albert Whitman and Co. Alex has AIDS and has learned that the disease can be his ticket to special treatment from everyone around him. Should Alex be able to use his illness as an excuse for not doing his work and for acting up in class? A tale of acceptance, friendship and  
5.95(paper) 14.95(hardcover)

BODY BATTLES, Rita Golden Gelman. Scholastic Books. This text gives kids an inside look at the battles that occur inside the human body when the mighty body army fights invading bacteria, viruses, poisons and drugs.  
4.95(paper)

GERMS MAKE ME SICK, Melvin Berger. HarperTrophy. This text explains what bacteria and viruses are, how they make us sick, and how the doctor uses medicines to make us well.  
4.95(paper) 14.95(hardcover)

HOW TO HELP CHILDREN THROUGH A PARENT'S SERIOUS ILLNESS, Kathleen McCue and Ron Brown. St Martin's Press. A comprehensive guide offering practical advice for helping kids 3-19 years of age cope with their feelings, regardless of the outcome of a parent's illness. Includes: how to tell a child about illness, how to recognize the early warning signs that a child  
12.95(paper)

KATHY'S HATS: A STORY OF HOPE, Trudy Krishner. Albert Whitman and Co. Kathy has cancer, and her treatments have caused her hair to fall out. At first she resents

the hats she has to wear, until she develops a whole new attitude about them. A book about hope and spirit.  
14.95(hardcover)

## **Family Life**

CATCH ME ONCE, CATCH ME TWICE, Janet McNaughton. Stoddart. Evelyn's life is changing. Her father has been sent to fight in WWII, her mother is facing a difficult pregnancy, and Evelyn and her mother must move in with her father's parents. Evelyn learns to cope with these changes as she discovers her strengths  
4.95(paper)

COMMUNICATION, Aiki. Greenwillow Books. "Communication is the back and forth telling and listening and responding so you know you are not alone."  
Communications explores the many kinds of communication and the functions they serve.  
14.00(hardcover)

FAMILIES ARE DIFFERENT, Nina Dellegrini. Holliday House. Young Nico learns that he is adopted and that some children may live with just one parent or with their grandparents, that some children have step siblings and that some parents may not look like their children at all.  
15.95(hardcover)

MAYBE YES, MAYBE NO, MAYBE MAYBE, Dorothy Donohue. Orchard Books. PK is 8 and feels that too many things are changing around her. Her older sister is becoming a teenager, her younger brother is starting school, and her mom is working nights as a waitress. All of these changes in her family are changing PK and with hum  
15.95(hardcover)

OLIVER'S WARS, Budge Wilson. Stoddart. When Oliver's father is sent to the Gulf War as a nurse, he and the rest of his family move in with his difficult grandfather and Oliver must learn to cope with a new life including home, school and friends. Most importantly, Oliver must learn to let p  
4.95(paper)

SOMETHING GOOD, Robert Munsch. Annick Press. A book for parents and kids who go shopping together. Dad picks healthy foods and the kids, well, they pick some less healthful foods. In the end, after much stress and a near crisis, the family brings home healthful foods plus one sugary treat. What ma  
5.95(paper)

TOO MANY TAMALES, Gary Soto. G.P. Putnam's Sons.. Mom and Dad and Maria all work to make Tamales for the family holiday feast. When the rest of Maria's extended family arrives, readers are treated to an intimate look at a holiday with a Mexican-American family and to a family mystery  
5.95(paper) 15.95(hardcover)

WAKE UP, WORLD! A DAY IN THE LIFE OF THE WORLD, Beatrice Hollyer in Association with Oxfam. Holt. All around the world children are waking up, going to school, helping their families, and playing with their friends. This photo essay follows the lives of eight children as each goes through his or her day. Available September.

16.95(hardcover)

## **Community Health/Environment**

BROTHER EAGLE, SISTER SKY, paintings by Susan Jeffers. Dial Books for Young Readers. In the 1850s, the Native American leader Chief Seattle spoke about his people's land, its creatures, and the need to protect and preserve them. It is his poetic words which inspire Jeffers to paint.

16.99(hardcover)

DINOSAURS TO THE RESCUE!: A GUIDE TO PROTECTING OUR PLANET, Laurie K. Brown and Marc Brown. Little Brown. The dinosaurs are back, and this time they are giving kids advice on recycling and conservation.

6.95(paper) 14.95(hardcover)

THE GREAT KAPOK TREE: A TALE OF THE AMAZON RAINFOREST, Lynn Cherry. Harcourt Brace. A man walks into the Amazon rainforest to chop down a tree. While he sleeps the animals of the forest speak to him, telling him how and why the forest is important to life on earth. Beautifully illustrated.

7.95(paper) 16.00(hardcover)

THE MOON FLOWER, Peter Loewer. Peachtree Publishers. After the sun sets and all good children are asleep, a nighttime world springs to life, a world that relies on the daytime world to protect the environment they share. A beautifully illustrated, factual and lyrical account of life in the nocturnal world

15.95(hardcover)

## **Personal Safety/Emotional Health**

A DINOSAUR NAMED AFTER ME, Bernard Most, A Voyager Book. Harcourt Brace & Co.. By drawing parallels between the unique physical characteristics and capabilities of different dinosaurs and children who are proud to share their strengths and then incorporating the name of each child into that of the dinosaur, this book offers an opp

5.00(paper)

ALICE AND GRETA: A TALE OF TWO WITCHES, Steven J. Simmons. Charlesbridge. "What ever you chant, whatever you brew. Sooner or later, comes back to you." Alice is a good witch. She is happy with herself and her life. Greta is unhappy, and she enjoys making trouble for others. It is only when a forgotten spell comes back to

15.95(hardcover)

GRANDMOTHER'S SONG, Barbara Soros. Barefoot Books. Spanning three generations, this marvelous tale set in Mexico celebrates the power of touch and the mystery of death, showing how age-old values are transmitted. Available in English and Spanish (LA CANCION DE LA ABUELITA).

6.99(paper) 15.95(hardcover)

KING OF THE BIRDS, Shirley Climo. Trophy. All the different types of birds on earth decide that they need to choose a leader. Each thinks that he is the best candidate, so how will they make the final decision. A great look at the decision-making process.

4.95(paper)

LIZARD MEETS IVANA THE TERRIBLE, C. Anne Scott. Holt. Lizzie Gardiner must begin at a new school in the middle of the year. She hopes that this school might be just the place where she becomes brave enough to make some new friends, which she does with the help of the school "weirdo," Ivana the Terrible. A

15.95(hardcover)

MARRIAGE OF THE RAIN GODDESS: A SOUTH AFRICAN MYTH, Margaret Olivia Wolfson. Barefoot Books. In this stunningly illustrated book, a goddess falls in love with a cattle herd in a classic myth that proves: It's not what you wear or what you own that makes you what you are, it's what you are inside.

6.95(paper) 15.95(hardcover)

MORE ABOUT ME: ANOTHER KEEPSAKE JOURNAL FOR KIDS, Linda Kranz. Rising Moon. This book provides thought starters to help children explore themselves and the space to write about and illustrate what they discover.

12.95(paper)

MY BODY IS PRIVATE, Linda Walvoord Girard. Albert Whitman and Co. A mother-child conversation introduces the topic of sexual abuse and ways to keep the body private. Stresses telling a trusted grownup and defines "private."

4.95(paper) 12.95(hardcover)

NOW EVERYBODY REALLY HATES ME, Jane R. Martin and Patricia Marx. HarperCollins. Jealous that it's not her birthday the family is celebrating, PattyJane gets sent to her room for hitting her brother ("I didn't hit him I touched him hard"). This comic, tongue-in-cheek tale should help kids analyze their own feelings towards their sib

4.95(paper) 14.95(hardcover)

WHO IS A STRANGER AND WHAT SHOULD I DO?, Linda Walvoord Girard. Albert Whitman and Co. This book explains how to deal with strangers in public places, on the telephone, in the car or at the door. Situations when the best thing to do is run and/or talk to an adult are emphasized.

4.95(paper) 12.95(hardcover)

### **Collection 4/5/6**

We're happy to be able to present the following collection of books, chosen because they enhance THE GREAT BODY SHOP curriculum for students in grade(s) 4/5/6.

### **Growth and Development**

THE BODY BOOK: AN OWNER'S MANUAL, Sara Stein. Workman Publishing Company. This book is a complete guide to our insides, "How our bodies get built, learn, repair themselves, and make us who we are," full of facts, statistics, explanations and connections.

11.95(paper) 19.95(hardcover)



BRAIN SURGERY FOR BEGINNERS AND OTHER MAJOR OPERATIONS FOR MINORS: A SCALPEL-FREE GUIDE TO YOU INSIDES, Steve Parker. Simon and Schuster. This colorful book gives kids a look at the human body from the perspective of their amazing brains. For example, the introduction to reproduction, "The brain's way of producing more brains is to get its body to make babies."  
7.95(paper) 15.90(hardcover)

EXTRAORDINARY GIRLS, Maya Ajamera, Olateju Omolodun, and Sarah Strunk. Charlesbridge. Stunning photographs illustrate what ordinary girls from over 60 countries are doing that makes each girl extraordinary  
7.95(paper) 16.95(hardcover)

JOEY PIGZA LOSES CONTROL, L Jack Gantos. Farrar, Straus, Giroux. Joey Pigza takes medication to help control his behavior in the classroom. When Joey meets his dad for the first time he recognizes they way he behaved before he got his new meds. When Joey's dad tries to convince Joey that Joey doesn't need medication.  
16.00(hardcover)

LEARN ABOUT THE BODY: A FASCINATING FACT FILE AND LEARN-IT-YOURSELF PROJECT BOOK, Steve Parker. Lorenz Books. Nineteen informative sections on different parts of the body and their functions, 250 illustrations, photographs and anatomical sketches, 10 do-it-themselves projects, and frequent fact boxes make this a great resource.  
7.95(hardcover)

SOME BODY!: A LIFE SIZE GUIDE, Alfred A. Knopf. This book encourages students to discover the "biggest, fastest, strongest, and strangest parts of [their] amazing anatomy." Highly detailed illustrations, including ten life-size fold-outs, offer kids a opportunity to fully understand how amazing their  
20.00(hardcover)

TOO OLD FOR THIS, TOO YOUNG FOR THAT: YOUR SURVIVAL GUIDE FOR THE MIDDLE SCHOOL YEARS, Harriet S. Mostache, PhD.. Free Spirit. This book entertaining book which covers the physical and emotional changes of pre-puberty, also addresses family issues, peer pressure, setting and reaching goals, and preparing for the years ahead.  
14.95(paper)

UNDERSTANDING YOUR BRAIN, (Usborne Science for Young Readers), Rebecca Treays. EDC Publishers. A colorful book that answers many questions about the brain, including what it's made of, how it remembers information, how it dreams, how hypnosis works on it, and how electrical impulses travel through it.  
6.95(paper)

WHAT IF. . . THE HUMAN BODY, Steve Parker. Copper Beech Books. This book explores the workings of the human body by asking what might happen if things were very different. For instance, "What if we had no skin?" Or, "What if our bones were on the outside?"  
5.95(paper)

## **Nutrition**

TAKING CHARGE OF MY MIND AND BODY: A GIRL'S GUIDE TO OUTSMARTING ALCOHOL, DRUG, SMOKING, AND EATING PROBLEMS, Gladys Folkers, M.A. and Jeanne Engelmann. Free Spirit. Current facts about alcohol, drugs, smoking, and eating disorders, first-person stories, and proven strategies to help girls choose to stay healthy.  
13.95(paper)

WHAT HAPPENS TO A HAMBURGER, Paul Showers. HarperTrophy. An elementary look at the digestive system and how it breaks up foods for use in the body. AGES 5-9.  
4.95(paper) 14.85(hardcover)

## **Safety**

CHARLIE'S STORY, Maeve Friel. Peachtree Publishers. Charlie learns that her individuality and strength give her the power to overcome the torment of school bullies and make decisions about her life. Recommended for 12 and up.  
14.95(hardcover)

ON MY OWN, Tova Navarra. Barron's Ed. Series Inc.. Offers common sense advice on typical kid-issues and a myriad of safety issues. Tells readers what to do if they get a burn, have a nose bleed, or someone is choking. This book also deals with staying home alone and handling emotional issues.  
8.95(hardcover)

## **Illness Prevention/AIDS**

AIDS: ANSWERS TO QUESTIONS KIDS ASK GRADES 6-8, Barbara Christie-Dever. Learning Works. An exploration of more than 30 important questions middle school students might ask about AIDS. Student will learn the causes of AIDS, the illnesses that accompany it, myths and truths about getting and/or avoiding AIDS, and tips to resist peer pressure  
7.95(paper)

BLOODY MOMENTS AND FURTHER HIGHLIGHTS FROM THE ASTOUNDING HISTORY OF MEDICINE, Gael Jennings. Annick Press. Mabel is bored and grumpy, until a slimy envelop labeled "The Guts of Human Life" plops through her letter slot. The envelop contains a CD-ROM which, when placed in her computer, draws Mabel into the past and through all sorts of hilarious, amazing adventures.  
16.95(hardcover)

HOW TO HELP CHILDREN THROUGH A PARENT'S SERIOUS ILLNESS, Kathleen McCue and Ron Brown. St Martin's Press. A comprehensive guide offering practical advice for helping kids 3-19 years of age cope with their feelings, regardless of the outcome of a parent's illness. Includes: how to tell a child about illness, how to recognize the early warning signs that a chi  
12.95(paper)

LOSING UNCLE TIM, MaryKate Jordan. Albert Whitman and Co.. Daniel's Uncle Tim is sick in bed, but he loves visits from his nephew and can still play games with him. When Uncle Tim dies from AIDS, Daniel struggles to accept his death. A sensitive story which reassures readers that AIDS cannot be contracted thro  
5.95(paper) 14.95(hardcover)

RYAN WHITE: MY OWN STORY, Ryan White. Dial Books for Young Readers. Young AIDS victim Ryan White describes his battle against the disease he contracted from a blood transfusion given to treat hemophilia. GRADE 5 AND UP.  
6.95(paper) (hardcover)

YOUNG PEOPLE AND SERIOUS ILLNESS: TRUE STORIES, HELP AND HOPE, Kelly Huegel. Free Spirit. Ten stories about how children cope with the physical, emotional and social realities of chronic illnesses, including diabetes, cancer, and hemophilia.  
14.95(paper)

## **Family Life/Sexuality**

ASKING ABOUT SEX AND GROWING UP: A QUESTION AND ANSWER BOOK FOR BOYS AND GIRLS, Joanna Cole. Morrow Junior Books. This book uses a question and answer format to offer straightforward information on a wide variety of subjects including the differences between boys and girls, body changes, crushes and dating, having a baby, preventing pregnancy, and protection from s  
4.95(paper) 16.00(hardcover)

LIVING WITH A PARENT WHO DRINKS TOO MUCH, Judith S. Seixas. Greenwillow Books. "This book was written to help children of alcoholics understand what is happening to them and their parents" in a way that is appropriate for younger readers. It offers them information and provides useful advice for dealing with the problems, stresses  
15.95(hardcover)

LIVING WITH A PARENT WHO TAKES DRUGS, Judith S. Seixas. Beech Tree Books. Case studies and a strong explanatory text introduce and illustrate the warning signs and possible manifestations of drug abuse by a parent. Ways to cope with problems children often face in this type of situation are offered.  
5.95(paper)

THE TUESDAY CAFÉ, Don Trembath. Orca Book Publishers. Harper Winslow has some problems. He is having trouble at school and feels his parents don't understand him. When a juvenile court judge sentences him to write a 2000-word essay titled, "How I Plan to Turn My Life Around," his mother signs him up wit  
7.95(paper)

TURNS ON A DIME, Julie Lawson. Stoddart. Eleven-year-old Jo is struggling to be accepted by her peers. is rejected by her friends, and questions the love of her family when she learns she was adopted. In the midst of her loneliness, Jo inherits a pendant and a story from her grandmother which  
6.95(paper)

## Community Health/Environment

COME BACK SALMON, Molly Cone. Sierra Club Books. A true story of how a fifth-grade class in Washington State cleaned up the polluted Pigeon Creek. Dedicated to their project they even raised salmon in a classroom aquarium.

7.95(paper)

FIFTY SIMPLE THINGS KIDS CAN DO TO SAVE THE EARTH, The Earthworks Group. . Filled with tips and enjoyable projects geared towards the interests and abilities of kids aged 9 and up.

6.95(paper)

I WANT TO BE AN ENVIRONMENTALIST, T Stephanie Maze. Harcourt. Full color photographs illustrate this close look at an exciting field. The informative text offers history, facts, and real-life profiles, as well as a list of resources to help young environmentalists start their own projects.

9.00(paper) 16.00(hardcover)

KID HEROES OF THE ENVIRONMENT: SIMPLE THINGS REAL KIDS ARE DOING TO SAVE THE EARTH, The Earthworks Group. . This book offers over twenty-five true stories about kids working to protect the earth with tips on how your kids can do it too.

4.95(paper)

SOME OF THE KINDER PLANETS, Tim Wynne-Jones. Orchard Books. Nine wonderful stories about off-beat situations and the ordinary boys and girls who manage to create something magical from them. A Boston Globe-Horn Book Award Winner.

10.95(paper) 15.95(hardcover)

THE OTHER SIDE, Angela Johnson. Orchard Books. The teenage narrator of this book both loved and hated her hometown. When the town faces destruction, she sees it in a whole new way and there isn't enough room in the world to capture her feelings.

Poems and photos attempt to preserve the essence of Sh

15.95(hardcover)

## Substance Abuse Prevention

DEATH AT DEVIL'S BRIDGE, Cynthia DeFelice. Farrar, Straus, Giroux. In this exciting adventure novel Ben Daggett must face up to his own weaknesses as he decides whether to tell on a friend taking dangerous risks, including stealing, joy riding in boats and cars, and dealing drugs.

16.00 .(hardcover)

THE HOUSE THAT CRACK BUILT, Clark Taylor. Chronicle Books. With simple text and surreal pictures, this repeating story offers readers a glimpse into the havoc crack-cocaine wrecks upon a city and the people in it. A haunting book, good for sparking discussion on the snowball effects

6.95(paper) 12.95(hardcover)

HOW TO SAY NO AND KEEP YOUR FRIENDS, Sharon Scott. Human Resources Development Press. This handbook gives teens and preteens specific advice on how to get out of difficult peer pressure situations. It begins by telling readers that peer

pressure often means being faced with a tough decision, then presents problems and offers examples of

11.95(paper)

TAKING CHARGE OF MY MIND AND BODY: A GIRL'S GUIDE TO OUTSMARTING ALCOHOL, DRUG, SMOKING, AND EATING PROBLEMS, Gladys Folkers, M.A. and Jeanne Engelmann. Free Spirit. Current facts about alcohol, drugs, smoking, and eating disorders, first-person stories, and proven strategies to help girls choose to stay healthy.

13.95(paper)

## **Personal Safety/Emotional Health**

ABSOLUTELY INVISIBLE, William Bell. Stoddart. A group of classmates, each handicapped in some way, feel shutout by their "normal" classmates. They form a club to help face the cruelties of a gang at school and together they face the challenge of a motorcycle trip and ultimately come to terms with

4.95(paper)

BRIDGE TO TERABITHIA, Katherine Patterson. . Jess and Leslie are best friends. They work hard at their friendship. Jess wants desperately to belong at school. Leslie just doesn't fit in, and she doesn't seem to care. Together, they share a secret hiding place. When Leslie is suddenly killed in a

4.95(paper) 15.95(hardcover)

LIBBY BLOOM, Susan Rowan Masters. Henry Holt & Co.. Fourth grader, Libby feels oh, so ordinary and somehow ridiculous especially when compared to her older sister. It takes a perceptive teacher, some tuba lessons, and some TLC to show Libby she has talents of her own. Grades 2-4.

14.95(hardcover)

MARIAH KEEPS COOL, Mildred Pitts Walter. Macmillan Child's Group.. Mariah's positive attitude and hard work pay off when she wins the diving competition. Meanwhile, she learns a lot about getting along with her difficult half sister and comes to appreciate what she has after visiting a shelter where her sister works.

15.00(hardcover)

MY FEELINGS, MY SELF (New Revised Edition of GROWING UP GUIDE FOR GIRLS), Lynda Madaras w/ Area Madaras. New Market Press. Text, quizzes, exercises and letters present information on relationships with family and friends. Deals with peer pressure, popularity, feelings, self-knowledge, problem-solving, basics of good communication.

11.95(paper)

NO MORE SECRETS FOR ME, Oralee Wachter. . Using a series of vignettes, children are taught that inappropriate touches from an adult are never their fault, that secrets that feel bad or uncomfortable can be told to a trusted adult and that are people that can help them with problems.

8.95(paper)

SECRET OF THE PEACEFUL WARRIOR, Dan Millman. H.J. Kramer Inc.. It's Danny Morgan's first day at his new school, and he has the bad luck to run into the local

bully. An old man's wisdom helps Danny to realize that the "true warrior" is the "peaceful warrior." Find out how Danny practices conflict resolution to turn  
14.95(hardcover)

WHEN ZACHARY BEAVER CAME TO TOWN, Kimberly Willis Holt. Holt. Toby's brother is killed in the Vietnam war and Toby feels lost until Zachary, the fattest boy in the world, moves to his town and changes the town and Toby forever.  
16.95(hardcover)